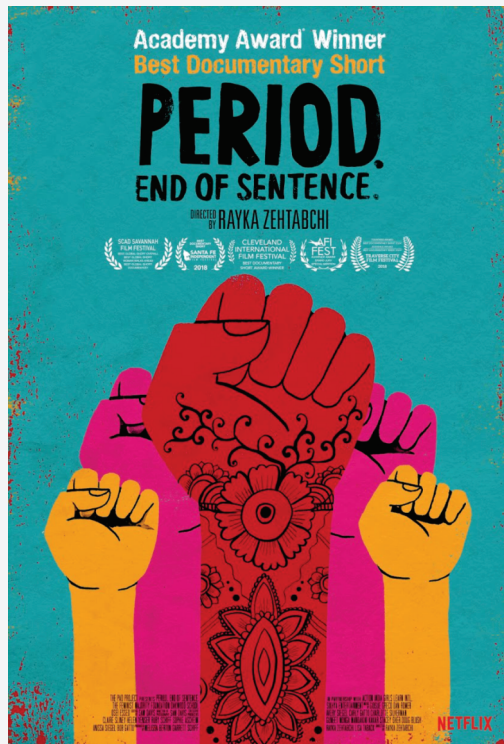


**A period should end a sentence,
not a girl's education.®**

In 2013, a youth-driven community of students and educators started The Pad Project with the idea that menstruation matters for everyone. Together they created the Netflix documentary *Period. End of Sentence.*, which won an Academy Award in 2019. Today, The Pad Project partners with local organizations and grassroots NGOs to implement pad machine or washable pad programs, run menstrual hygiene management (MHM) workshops, and distribute menstrual products in communities around the world.



The Pad Project is a 501(c)(3) not-for-profit organization dedicated to ending period stigma and empowering women and all menstruators worldwide.

the
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Menstruators in low-income communities in the U.S. and around the world often lack access to menstrual products. The combination of period poverty, stigmatization, and inadequate sexual and reproductive health education has major consequences for menstruators. According to a recent study, 1 in 4 teens in the U.S. has missed class because they don't have access to menstrual products.



Join

Join the movement today! Help us make menstrual equity possible by increasing access to affordable menstrual products worldwide.

www.thepadproject.org



Ways you can help:

Support The Pad Project as we work to expand access to menstrual products and MHM education around the world.

- **Spread the word:** Help educate your community about menstrual hygiene issues by hosting a screening of *Period. End of Sentence.* and using our discussion guide to start a conversation.



- **Donate today:** Help us raise money to increase menstrual equity by funding our U.S. and international programs. Even a small contribution will help us make menstrual products accessible to menstruators around the world! Text PADPROJECT to 71-777



- **Partner with us:** We believe in the importance of collaboration, and we want to work with you to make menstrual products more accessible in your community. Let us know how we can help!



Affordable menstrual hygiene products are not luxury items. They are a necessity.

The Pad Project has 4 programs intended to increase the availability and accessibility of menstrual products in the U.S. and around the world.

International Programs

1. Pad Machine Programs involve the placement of a pad-manufacturing machine and the manufacture and sale/distribution of disposable pads to menstruators in the community. Each pad machine program employs approximately 5 women to make and sell the pads.
2. Washable Pad Programs involve manufacturing and distributing Dignity Kits filled with washable pads, liners, underwear, hand towels, and soap to menstruators in the community.

U.S. Programs

1. Pads for All involves partnering with U.S.-based nonprofits and grassroots organizations to expand access to menstrual hygiene products and provide MHM education for menstruators across the country.
2. Pads for Schools involves partnering with schools and school districts across the U.S. to help them provide free menstrual products to students.

